

## Why MPS Therapy from Other Worlds Therapies?



MPS Therapy offers a very unique integrative approach to your therapy session utilizing the MPS Dolphin units and current manual techniques.

While these tools can be found elsewhere, our approach, experience and combination of therapies are not found anywhere else, even though other therapists may use some of the same techniques.

Our first step is to “release” or repolarize scar tissue and adhesions utilizing the MPS Dolphin units and our very own special blend of essential oils. Sometimes releasing scar tissue may take an entire session, depending upon the number and severity of the scars. Scars, no matter how old, or recent, or how large or small, can cause the underlying tissues to adhere and ultimately end up causing pain further away in the body. These are called fascial trains.

Next we focus on releasing the sacrum by relaxing the surrounding muscles, this can be as simple as balancing the gate, to a session of gluteal/sacral therapy. Releasing the sacrum helps to balance spinal muscles which keep the spine aligned properly. Usually this step will only require a process from MPS Therapy which we call standard protocol.

From here we can go in many different directions, all dependent upon what the issue is that needs to be resolved. Generally, we can have most issues resolved within one to five sessions, though it might take longer depending on how long the issue has been going on. If you have any further questions, please do not hesitate to give us a call.

We hope that you and your family utilize massage with traditional health practices to enhance and invigorate your lives.

## MPS Therapy Available at:



For your holistic healthcare needs, incorporate the best methods to get yourself where you want and need to be.

MPS Therapy combined with manual therapies are an excellent choice for dealing with chronic pain and other issues, even with prevention.

The best doctors, surgeons, dentists, physical therapists, occupational therapists, chiropractors, pain management specialists, acupuncturists, massage therapists, osteopaths, and naturopaths, utilize this approach for the best outcomes.

**Other Worlds Therapies**

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## MPS Therapy Integrative Therapy

“Making a World of Difference”



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# MPS Micro-current Point Stimulation

## What is MPS Therapy?

MPS stands for Micro-current Point Stimulation. It utilizes a very similar approach to acupuncture, but instead of using needles, it uses a DC micro-current, the same current which your body uses to heal itself. The therapy utilizes Scar therapy, manual therapy and the same, or similar, meridian points used in acupuncture, most of which are also trigger points, tender points, and motor points.

## Does MPS Therapy hurt?

These points are points of low resistance which allow the current to enter the body. The lower the resistance is in a particular point, the more that point needs to be treated, and thus can feel more sensitive, tender, or hot during treatment, due to allowing more current to enter the body. This is a good thing and will normally dissipate during or after treatment. If it is, take slow deep breaths which will greatly help.

## Why use a DC micro-current?

DC micro-current is the same current that your body uses to heal itself. It is also the ONLY current which calms the nervous system. All AC current has scientifically proven to upregulate, irritate, the sympathetic nervous system and cause stress. DC micro-current does not. This is the only DC micro-current device on the market shown to be efficient.

## Is MPS effective?

Yes, MPS® can produce superior results over traditional pain therapy techniques in a fraction of the time. The various protocols from Acumed are very effective. All without drugs, side effects, pads or gels.

## MPS and Scar Therapy

Scars have a negative impact on the body, no matter how new or how old the scar. Though the older the scar, the more profound the impact may be.

Scars cause stress and upregulate the sympathetic nervous system

Scars create adhesions. Adhesions reduce both muscle and organ function which can cause pain.

Scars interfere with, or can adhere to, the fascia. Fascia surrounds every muscle and organ in the entire body and can severely strain muscles far from the site of the scar as well as cause pain far away from it.

Scars block the circulation of blood and lymphatic fluids.

Scars restrict the body's metabolism, Lymphatic, circulation and energetic flows, leading to many problems including keloid scars, lack of oxygen to organs and tissues.

Scars change the polarity of local and surrounding tissues from a negative polarity to a positive polarity, which causes issues. The only way to change the polarity back to a negative polarity is by using a DC micro-current on a negative polarity through the tissues.

The combination of increased sympathetic stress, fascia injuries and new adhesion formation will block circulation and cause chronic pains.

## What can MPS help with?

Stress  
Back Pain  
Neck Pain  
Shoulder pain & Frozen shoulder  
Sciatica  
Knee Pain  
Lymphedema  
Arthritis pain  
Carpal Tunnel  
Sports Injuries  
Sports Recovery  
Fibromyalgia  
Stroke Recovery  
Trigger Point Therapy  
Scar repolarization & Scar Release  
Bursitis  
Peripheral Neuropathy  
Tendonitis and Tendinosis  
PTSD and many more...

